

Oakgrove School

Year 5 Lowther Residential

Oak Class

Wednesday 25th March – Friday 27th March

Parents Information Booklet



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Oak Class

March 2020



Departure Day – Wednesday 25th March

This will be a very exciting time for the children, and we appreciate that some children (and adults) may be feeling nervous, as they will be spending a couple of nights away from home. With your help, we would like to make this experience as stress free as possible.

Children should come into school via the main school entrance between 8.30am and 8.40am. You will then be able to go to the hall with your child and their luggage. Luggage bags should all be clearly named.

If your child has any medication that they will need to take with them on this trip, please ensure you bring this in along with a completed authorisation to administer medication form. A member of staff will sign in all medications as they are handed over.

A packed lunch will be required for lunch on the first day. If your child is eligible for Free School Meals and you would like to take a school packed lunch please speak to the School Office to arrange this. Packed lunches should be packed in disposable wrappings and stored in your child's day rucksack along with their named water bottle and sun protection. **Sweets and Fizzy drinks are not allowed.**

Once we have registered the children and completed a quick kit check, we will load the children onto the coach.

Programme of Activities

	Morning	Afternoon	Evening
Wed 25 th March	Travel to Lowther Settle in to rooms Challenge Course	Transform into a Greek Hero Activities to develop ourselves as Hero characters Orienteering Costume design Challenge course	Olympic Games Evening
Thur 26 th March	Greek Myth Game Activities to collect the parts of our myths Learning your quest Building settings Finding your companion	Greek Myth Game Activities to collect the parts of our myths Meeting your beast Creating your magical item Defeating your beast	Campfire
Fri 27 th March	Storytelling in the setting Your chance to tell your hero's story! Packing up	Return to School as Heroes Depart at 2pm, arrive back at school by 3.15pm	

Our Time at Lowther



During the residential, children will be building up the characters, settings and plots for their myths. This will take place in the style of a large adventure game (Wide Game) in and around the centre. There are different areas of woodland to explore and the children's own stories will really come to life for them. Our aim is to support the best piece of story writing they have ever achieved. By taking time to develop the ideas and language for their myths through art and drama in the outdoors, they gain the confidence to write back in the classroom when we return to school.

We are well prepared for the various weather conditions that March can bring and ask that you do your best to help us with that too. We intend to be outside for as much of the time as we can manage; the setting of the centre is a vital part of the activities. If it is cold, we'll still be outside but we will plan in regular breaks to warm up, get a hot drink and revitalise for the next session. In good weather, we will use the open spaces for talk and development of ideas but there are rooms inside the building if that is not possible.

Please send your child with suitable outdoor footwear (wellies), plenty of warm layers, a waterproof coat and clothes that we can keep separate (dry and clean) for indoor use.

On one evening, the children are keen for a games night. We will bring games from school and the centre provide various large indoor group games. If your child would like to bring a board game, please make sure they know which pieces belong to the game and how to pack it away so that it all comes back to you safely.



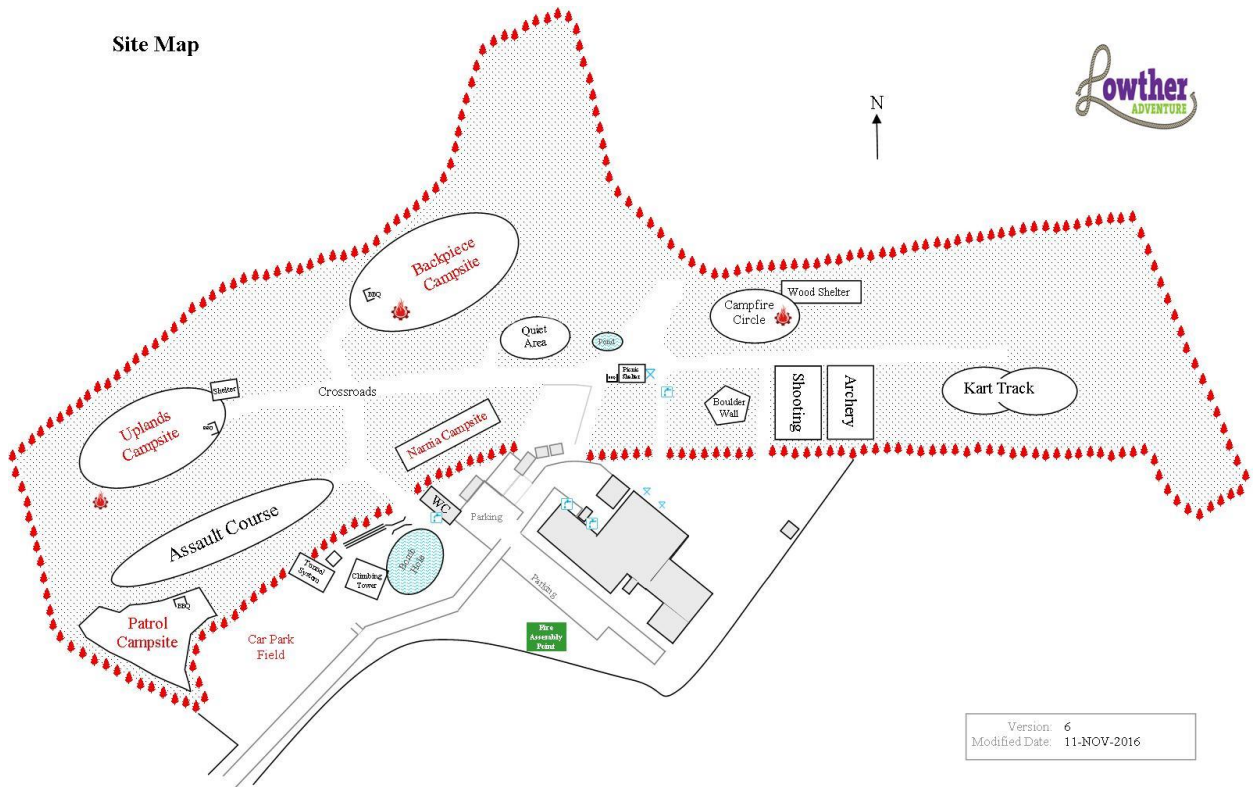
We may be able to book a short session on the centre's bouldering wall. Bouldering is similar to rock climbing, but across a low-level wall rather than aiming for a high target. Children would be required to wear helmets for bouldering; it does not require harnesses.



In order to keep the costs for the residential as low as possible, we are taking all of our own activities and self-catering. Children will help with various tasks around the centre including laying tables for meals, a small amount of cooking and keeping places clean and tidy. There may also be some opportunities for some outdoor help too such as maintaining pathways around the site. As much as we are able to, this will all be part of the story development. We want the

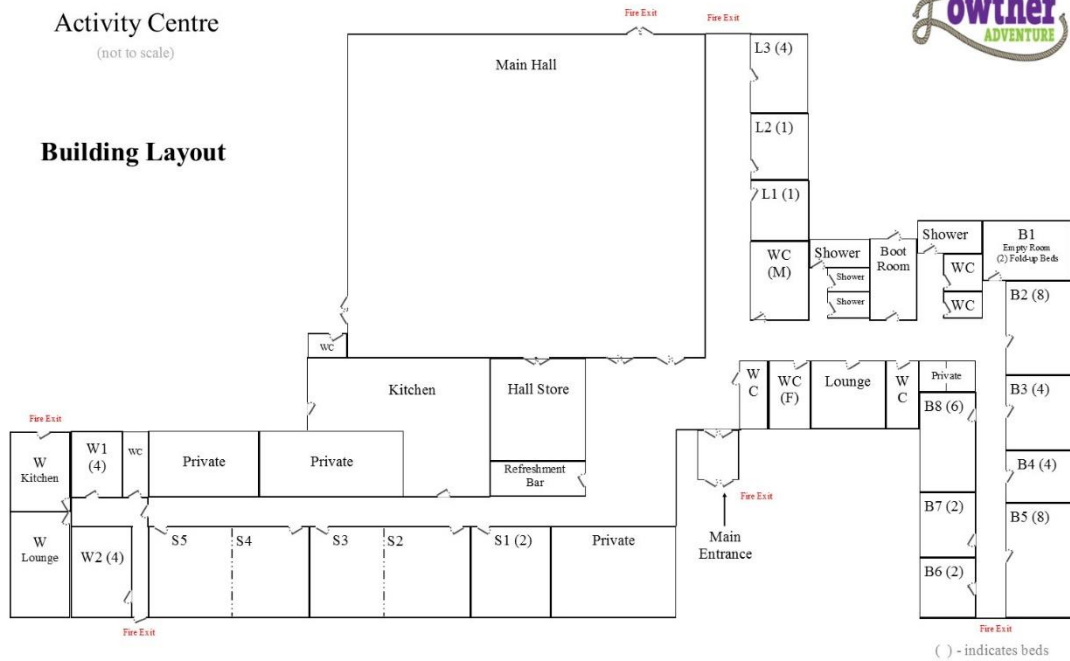
whole visit to be brilliant fun for everyone and sometimes that means offering to be helpful if children get the chance!

Site Map



Sir John Lowther Scout
Activity Centre
(not to scale)

Building Layout



Version 6
Updated: 07-JAN-2017

Sleeping

For their stay, the children will be sleeping in bunkbeds in single sex dormitories. They are required to bring a sleeping bag, pillow and pillowcase and a bed sheet.



Clothing

Please send your child with suitable outdoor and indoor footwear (wellies), plenty of warm layers, a waterproof coat and enough clothes for indoor and outdoor use each day. A full kit list is attached

Food

Please ensure that we are aware of all your child's dietary needs so that we can cater for them. There will be a self-service style breakfast for children to choose from on Thursday and Friday morning. On Thursday, a hot lunch will be prepared on site. Friday's lunch will be a packed lunch which the children will prepare themselves. Hot evening meals will be prepared on site and we will be encouraging children to take part in activities to help prepare some of the food whilst they are away.

Arrival back at school

We anticipate that we will arrive back at school in time for the end of the normal school day on Friday 27th March. Children should be collected from the Year 5 exit door, and they will be able to collect their luggage. Parents of children with medication will need to collect this at this point.

Kit List

Due to the nature of the activities we will be taking part in, children should bring **old clothes**, as they may get wet and dirty whilst outside. Children should bring clothes that they can layer up in to keep them warm and a waterproof coat to keep them dry and warm.

A full kit list check list is on the next page.

Please ensure that all kit items are clearly named.

Communication

We will aim to send home daily email and Twitter updates from the residential to keep you up to date with what the children are doing whilst they are away. Please ensure that you inform the school office if you have changed your email address recently.

Kit List Check List

Please ensure that all kit items are clearly named.

Old clothes you don't mind getting dirty:

- 2 x tracksuit bottoms or jeans
- 2 x sweatshirt/Fleece top
- A waterproof coat
- 2x long sleeved top
- Pair of trainers for outdoors
- Additional pair of shoes/trainers
- A change of warm clothes for the evening
- Indoor shoes (and slippers if you like)
- Pair of wellington boots
- 2 x pairs of socks
- 2 x spare underwear
- A pair of pyjamas
- Sleeping bag
- Single bed sheet
- A Pillow and pillowcase

Wash bag including:

- A toothbrush
- Toothpaste
- Shampoo
- Shower Gel
- Hairbrush/comb
- A towel
- A named water bottle
- A torch
- Small day sack ruck sack
- 1 large bin bags for wet/dirty clothing
- A soft toy
- Pencil case and a good book

Children may bring a board game with them to play with others in the evening

**No ipods, electronic games, phones, wearable technology or cameras
are allowed on this visit**