



THE DUKE OF
EDINBURGH'S AWARD



**Miss Kynaston
(DofE manager)**

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Your DofE programme is a real adventure.
It doesn't matter who you are or where you're from.
You just need to be aged between 14 and 24.

You can do DofE programmes at three levels:

- **Bronze** (Year 9)
- **Silver** (Year 10)
- **Gold** (aged 16+)

The award is highly regarded by future employers and helps to develop key life skills

You will have the chance to complete the Bronze Award.

To do so you will complete a personal programme of activities in four sections:

- **Volunteering:** undertaking service to individuals or the community.
- **Physical:** improving in an area of sport, dance or fitness activities.
- **Skills:** developing practical and social skills and personal interests.
- **Expedition:** planning, training for and completion of an adventurous journey in the UK.

Bronze Award

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Complete training and practice expedition. Plan and complete a 2 day, 1 night expedition

*All participants must undertake a **further** 3 months in the Volunteering, Physical or Skills section.*

Only 1 hour a week counts

Volunteering categories

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation



Volunteering examples

- Peer reading
- After school sports club
- Oakgrove Primary School club
- Working in a charity shop
- Working at an old people's home
- Music tuition
- Create a conservation project
- Working with animals (e.g. RSPCA)

Physical categories

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness
- Extreme sports
- Martial arts



Skills categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world



Skill examples

- Learn a musical instrument
- Learn a language
- Photography project
- Drawing/painting
- Journalism
- Poetry
- Cooking
- Bird watching
- Sewing/knitting



Assessors and evidence

Who can be the assessor?

- Somebody who is not a family member
- Could be a teacher, coach, instructor, charity shop worker
- Somebody who witnesses the activity or evidence of it

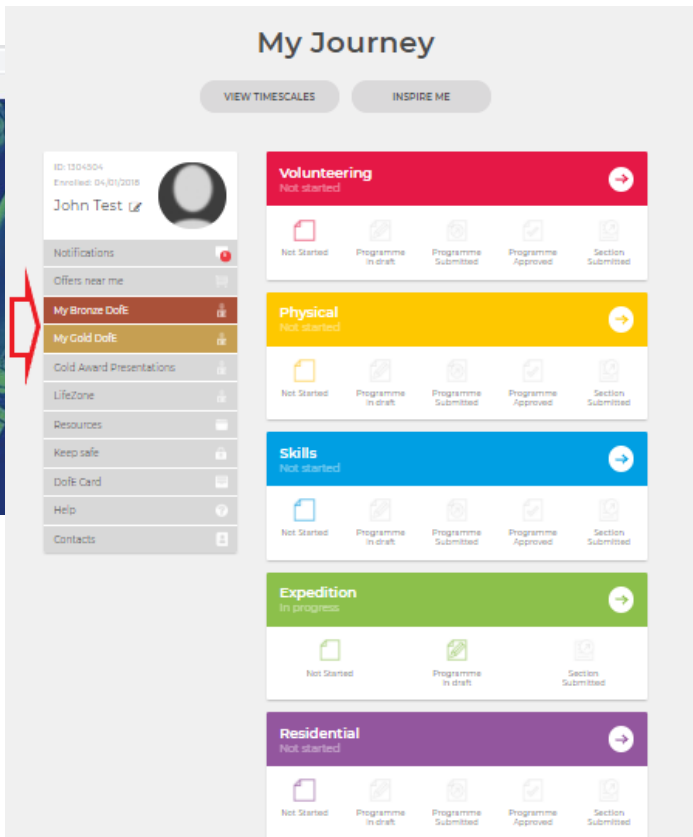
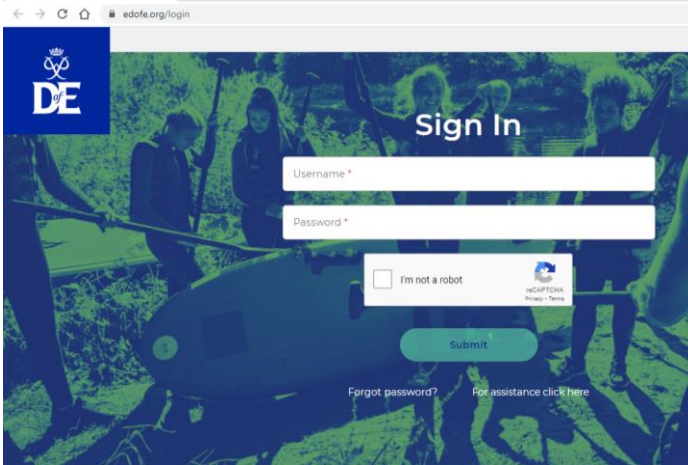
What evidence is needed?

- A completed log sheet
- An assessor report
- Photographs, drawings, physical evidence e.g. baking

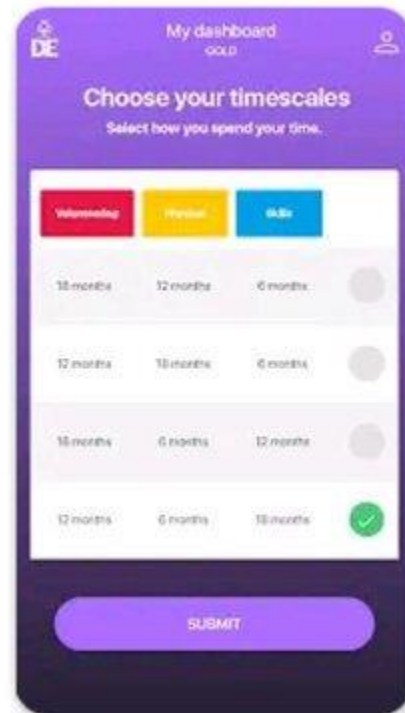
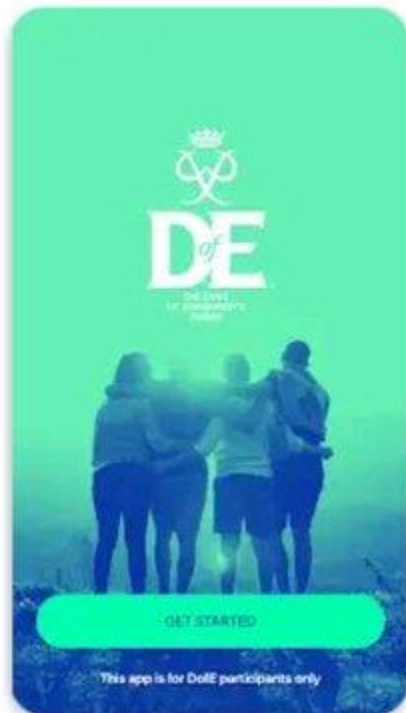
Where does the evidence go?

- Once enrolled each pupil will have an eDofE account in which they upload their evidence onto

eDofE log in



eDofE App





Participant: _____
 eDofE ID No: _____
 Level: **Silver**

Activity: _____
 Date started: ____/____/____ Completed: ____/____/____ (months)
 Goals set by participant: _____

Assessor's comments:

Thank you for taking the time to complete this report. Please ensure you have signed and dated the report and returned it to the participant. If you have any questions, please contact the DofE team at 0800 040 040.

Signature: _____ Date: ____/____/____

Assessor's full name: _____ Last name: _____

Assessor's postal/qualification: _____

Assessor's phone number: _____

Assessor's email: _____

For information only: This report is for the use of the Assessor only. It is not to be used as evidence for the participant's record.



**PHYSICAL SECTION
 ACTIVITY LOG**

NAME: _____

LEVEL (Bronze, Silver or Gold): _____

TIMESCALE
 (No. of months
 for this section): _____

Notes:

- If extra space is needed, use an additional log.
- This *Activity Log* is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this *Activity Log*, plus logs for the other sections, from www.eDofE.org or www.DofE.org/go/downloads
- For Expedition/Residential records, please refer to the *Keeping Track* booklet.
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials





01908 545300

PARENTPAY



HOME OUR SCHOOL PRIMARY SECONDARY SIXTH FORM MK:NPQ NEWS LETTINGS CONTACT



Extra-Curricular/School Clubs



Expedition



Aim

- To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

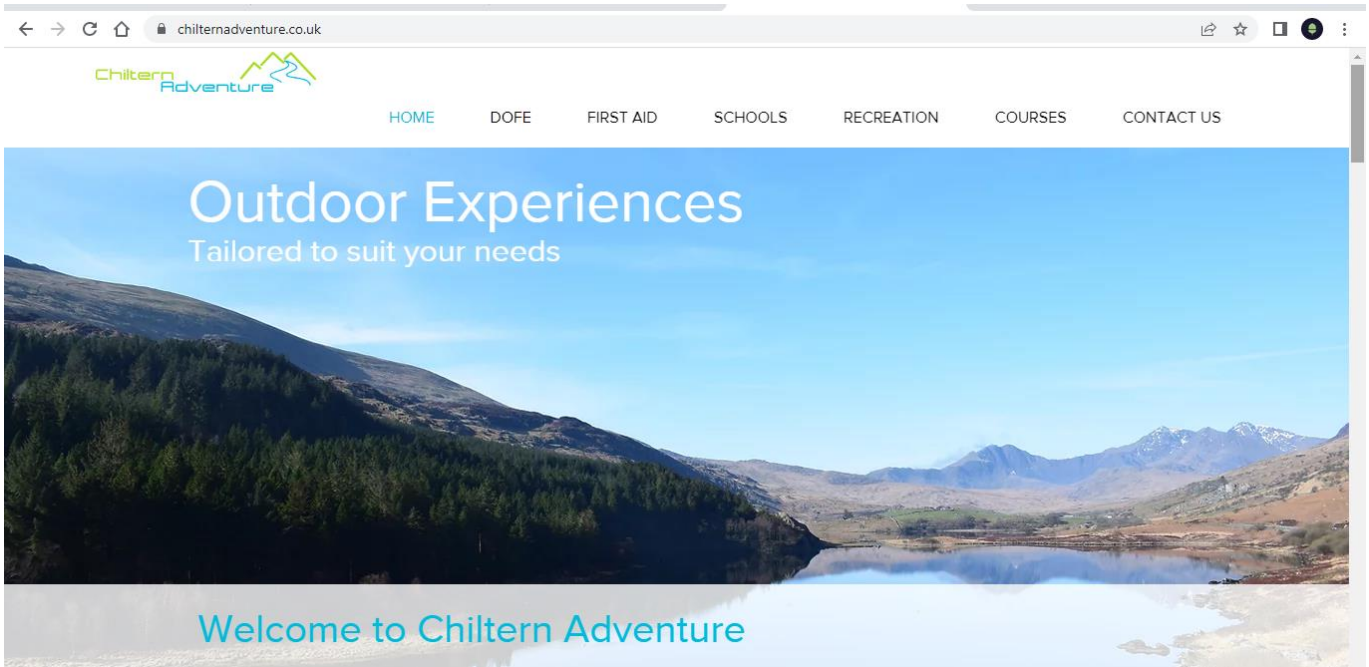
June 10/11th Training/Practice:

- Opportunity to learn key outdoor skills such as map reading, first aid, cooking outdoors etc
- Full day walking in the local countryside

June 24/25th Qualifying expedition:

- Two days and 1 night walking and camping applying skills learnt. They will be assessed on their performance.

Expedition



Chilternadventure.co.uk – Chris Stapleton

Expedition

Kit required:

Waterproofs

Rucksack

Sleeping bag

Sleeping mat

Walking boots

Kit provided:

Tents

Stoves

Maps

Compasses



What is the next step?

Complete the enrolment form

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graph TD; A[Complete the enrolment form] --> B[Friday 2nd December – deadline for enrolment form and £28]; B --> C[Friday May 12th – Deadline for completing 2 sections and £163 payment]; C --> D[Expedition training and practice: Saturday 10th June – 11th June]; D --> E[Bronze qualifying: Saturday 24th June – 25th June];
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Friday 2nd December – deadline for enrolment form and **£28**

Friday May 12th – Deadline for completing 2 sections and **£163 payment**

Expedition training and practice: Saturday 10th June – 11th June

Bronze qualifying: Saturday 24th June – 25th June