



Miss Kynaston and Mrs Sharman



Your DofE programme is a real adventure.
It doesn't matter who you are or where you're from.
You just need to be aged between 14 and 24.

You can do DofE programmes at three levels:

- **Bronze** (aged 14+ or in Year 9)
- **Silver** (aged 15+ or in Year 10)
- **Gold** (aged 16+)

The award is highly regarded by future employers
and helps to develop key life skills

You will have the chance to complete the Bronze Award.

To do so you will complete a personal programme of activities in four sections:

- **Volunteering:** undertaking service to individuals or the community.
- **Physical:** improving in an area of sport, dance or fitness activities.
- **Skills:** developing practical and social skills and personal interests.
- **Expedition:** planning, training for and completion of an adventurous journey in the UK.

Bronze Award

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Plan and complete a 2 day, 1 night expedition

*All participants must undertake a **further** 3 months in the Volunteering, Physical or Skills section.*

Volunteering categories

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation



Volunteering examples

- Peer reading
- After school sports club
- Oakgrove Primary School club
- Working in a charity shop
- Working at an old people's home
- Music tuition
- Create a conservation project
- Working with animals (e.g. RSPCA)
- Raising awareness/fundraising for a charity
- Helping an elderly neighbour with gardening
- Helping a younger sibling with homework
- Helping at home with chores during lockdown

Physical categories

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness
- Extreme sports
- Martial arts



Skills categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world



Skill examples

- Learn a musical instrument
- Learn a language
- Photography project
- Drawing/painting
- Journalism
- Poetry
- Cooking
- Bird watching
- Sewing/knitting

Expedition



Aim

- To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

Sections during COVID situations

- Some activities might not be able to run
- Some activities might have to be suspended depending on tiers

How have DofE have adapted for this?

- You can change to a different activity in your session if you are unable to complete it
- Volunteering could be done at home e.g. helping family or neighbour out with tasks

What is the next step?

A letter and enrolment form have been emailed to you (these will be emailed home too)



If unsure and want more information then please email Mrs Sharman (ssharman@oakgrove.school)



Deadline for enrolment form and payment (£25) is 24th March



If you complete the form and payment before returning to school you will receive an email to say you have been enrolled and can then begin your sections



Expedition due to take place in Sep 2021 (cost of £145 – due in Sep)



Participant details – Please PRINT and complete ALL sections

First name(s):

Surname:

Address:

Date of Birth:

Male

Female

Post code:

DofE confirmation		
Section	Activity	Assessor
Volunteering		
Physical		
Skill		

Award details:

Level : Bronze : £35

DofE centre: Oakgrove School

Award group: Oakgrove School

Please make cheques payable to Oakgrove School

Parent consent (for young people under 18 years)

I agree to my son/daughter/ward to participate in the Duke of Edinburgh's Award and the expeditions

Signature of parent/guardian:

Printed name:

Date:

Data Protection information:

Information supplied will be held by Oakgrove School for the purposes of the administering the Duke of Edinburgh's Award