

Mrs Kynaston and Mrs Sharman (DofE Co-ordinators)

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The DofE is...

Your DofE programme is a real adventure.

It doesn't matter who you are or where you're from.

You just need to be aged between 14 and 24.

You can do DofE programmes at three levels:

- Bronze (Year 9)
- Silver (Year 10)
- Gold (aged 16+)

The award is highly regarded by future employers and helps to develop key life skills

The DofE is...

You will have the chance to complete the Bronze Award.

To do so you will complete a personal programme of activities in four sections:

- Volunteering: undertaking service to individuals or the community.
- Physical: improving in an area of sport, dance or fitness activities.
- Skills: developing practical and social skills and personal interests.
- Expedition: planning, training for and completion of an adventurous journey in the UK.

Bronze Award

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Complete training and practice expedition.
			Plan and complete a 2 day, 1 night expedition

All participants must undertake a **further** 3 months in the Volunteering, Physical or Skills section.

Only 1 hour a week counts

Volunteering categories

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation











Volunteering examples

- Peer reading
- After school sports club
- Oakgrove Primary School club
- Working in a charity shop
- Working at an old people's home
- Music tuition
- Create a conservation project
- Working with animals (e.g. RSPCA)

Physical categories

- Team sports
- Individual sports
- Water sports
- Racquet sports

- Dance
- Fitness
- Extreme sports
- Martial arts











Skills categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music

- Life skills
- Learning and collecting
- Media and communication
- Natural world











Skill examples

- Learn a musical instrument
- Learn a language
- Photography project
- Drawing/painting
- Journalism
- Poetry
- Cooking
- Bird watching
- Sewing/knitting



Assessors and evidence

Who can be the assessor?

- Somebody who is not a family member
- Could be a teacher, coach, instructor, charity shop worker
- · Somebody who witnesses the activity or evidence of it

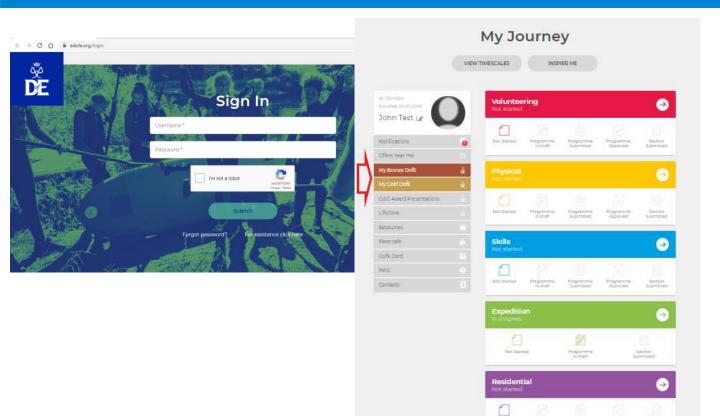
What evidence is needed?

- A completed log sheet
- An assessor report
- Photographs, drawings, physical evidence e.g. baking

Where does the evidence go?

 Once enrolled each pupil will have an eDofE account in which they upload their evidence onto

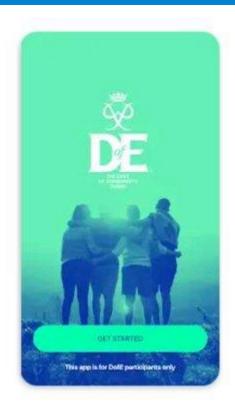
eDofE log in



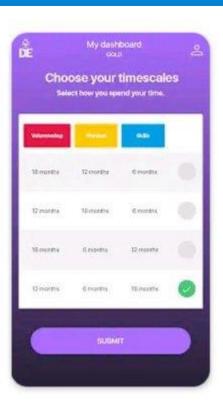
Net Started

Programme Scient

eDofE App







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Acoustic		5 1999 B
Assessor's comments:	W-11	
Spin	corp. i sect.	tion 1
Assessment & production of the production	Last rains	

Section 1 to 1 to 1 to 1



AME:	LEVEL (Bronze, Silver or Gold):	TIMESCALE (No. of months forthis section):	
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Notes

- If extra space is needed, use an additional log.
- This Activity Log is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this Activity Log, plus logs for the other sections, from www.eDofE.org or www.DofE.org/go/downloads
- For Expedition/Residential records, please refer to the Keeping Track booklet.
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials
			1
			+
			-





Aim

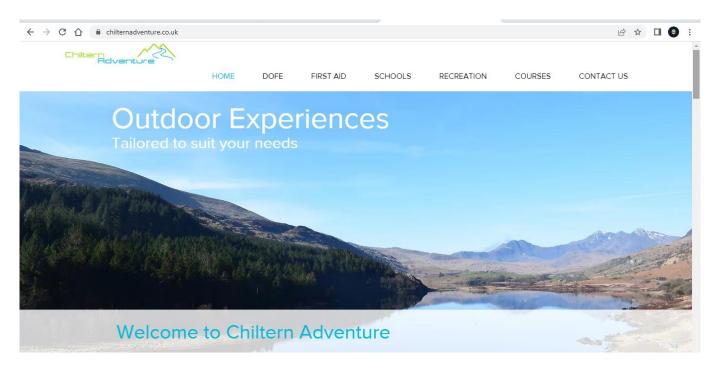
 To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

June 10/11th Training/Practice:

- Opportunity to learn key outdoor skills such as map reading, first aid, cooking outdoors etc
- Full day walking in the local countryside

June 24/25th Qualifying expedition:

 Two days and 1 night walking and camping applying skills learnt. They will be assessed on their performance.



Chilternadventure.co.uk - Chris Stapleton

Kit required:

Kit provided:

Waterproofs

Rucksack

Sleeping bag

Sleeping mat

Walking boots

Tents

Stoves

Maps

Compasses





What is the next step?





Physical Skill

OAKGROVE SCHOOL

Participant details - Please PRINT and complete ALL sections

Duke of Edinburgh's Award Enrolment form

First name	(s):	Surname:
Address:	Date of Birth:	
		Male Female
Post code:		
	-	21 13 W
	De	ofE confirmation
Section	Activity	ofE confirmation Assessor

Complete the enrolment form

Friday 27th October – deadline for enrolment form and £30

Tuesday 30th April – Deadline for completing 2 sections and £190 payment

Expedition training and practice: Saturday 8th June – 9th June

Bronze qualifying: Thursday 18th - Friday 19th July