



Physical Education

There is a shared core in all stages of the curriculum	Shared strands across each Key Stage	It goes beyond the National Curriculum	Equality and diversity
<p>All pupils:</p> <ul style="list-style-type: none"> • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • engage in competitive sports and activities • lead healthy and active lives 	<ul style="list-style-type: none"> • Dance • Gymnastics • Games • Athletics • Outdoor and adventurous activities 	<p>Sports clubs</p> <p>Sports competitions</p>	<p>PE is accessible to all, providing opportunities to gain experience in a range of sports and celebrates success</p> <p>Pupils are equipped with the knowledge and skills needed to lead a healthy and active lifestyle</p>

Weekly Guided learning hours: EYFS -2 , KS1 - 2 , KS2 - 2 , KS3 - 2 , KS4 -1 (Core), KS4 - 3 (Sport BTEC), KS5 - 5

Created: June 2022

Review date: June 2024