



Physical Education

There is a shared core in all stages of the curriculum	Shared strands across each Key Stage	Its goes beyond the National Curriculum	Equality and diversity
<p>All pupils:</p> <ul style="list-style-type: none"> develop competence to excel in a broad range of physical activities are physically active for sustained periods of time engage in competitive sports and activities lead healthy and active lives 	<ul style="list-style-type: none"> Dance Gymnastics Games Athletics Outdoor and adventurous activities 	<p>Sports clubs</p> <p>Sports competitions</p>	<p>PE is accessible to all, providing opportunities to gain experience in a range of sports and celebrates success</p> <p>Pupils are equipped with the knowledge and skills needed to lead a healthy and active lifestyle</p>

Weekly Guided learning hours: EYFS -2 , KS1 - 2 , KS2 - 2 , KS3 - 2 , KS4 -1 (Core), KS4 - 3 (Sport BTEC), KS5 - 5

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