

Topic: Respect		Year 7	Lesson number	4
What does the session explore?	Lesson a	t a glance		
This session asks students to consider what we mean by respect	1.			

This session asks students to consider what we mean by respect and why we should celebrate and respect people's differences. It introduces the benefits of diversity in communities and the strengths we can build on by working together.

## **Learning outcomes:**

- To define respect
- To differentiate between baseline respect and earned respect
- To list at least three benefits of diversity as a class
- To identify three things I respect about myself

- 2. What do we mean by 'respect' and definitions
- 3. Earned respect vs. baseline respect exercise
- 4. Strength in differences; benefits of diversity exercise
- 5. Self respect

## Resources needed:

PowerPoint, stickle bricks or some other type of varied tower building set, signs for either side of the classroom,

## **Activity details**

Introduction – 5 mins

Refer back to your class constitution or classroom agreement to highlight the relevant ground rules for the session.

Explain the plan for the lesson and what you'd like the students to understand or have achieved by the end, as outlined on the PowerPoint

## **Key delivery information**

Make point that we're not going to be putting anyone on spot or asking embarrassing questions

Activity details	Key delivery information	
Definition - 5-10 mins	Consider respect vs disrespect? Are there different types of respect?	
Ask students to think about what we mean by "respect"		
Couple mins to talk about with neighbour then feed back ideas to main group.		
Then show definition.		
Resources: PP slide		
Earning respect - 5 mins  Ask students to congregate on one side of the room for "respect is an automatic	Get young people to positively challenge each other's viewpoints to develop reasoning.	
human right" and on other side of the room for "respect must be earned"  Resources: stand or sign to have at each end of room	redeeriing.	
Ask: Is there some respect that we, as humans, all get automatically? What kind of respect do you have to earn?	Alternatively this exercise can be done with a show of hands.	
Strength in differences - 10 mins	Ask:	
Sort students into groups five groups. Groups must compete to build the highest tower in three minutes.  Each group is given a different material to build their tower, which is pretty useless on it's own but much more effective if all the materials were combined. This exercise works best with premade sets e.g. sickle bricks where each group gets a handful of one type of brick. However, you could substitute with other materials such as cocktail sticks, blue tack and string.	why is it important to have different pieces in your set? How can we apply this to people? We need differences in our communities to be able to work together effectively, different skills, ideas, attitudes, experiences	
Resources: stickle-brick set or other tower building materials, PP slide		

Activity details	Key delivery information
Self respect - 15 mins	The PowerPoint provided includes some reflections about the term 'self respect' which should inform their letters.
Students must write a letter to their future selves to remember three things they respect about themselves. This is best done individually. We have provided a letter writing template. Students can hand this in to be returned at the end of the year, keep the letter or glue it into a planner/diary/workbook.	
Resources: PP slide, letter writing template	