

**Prior Learning:** In this unit children will be introduced to the Fundamental of football skills such as, moving with a ball (dribbling), kicking (passing), target games (shooting), chasing games (defending), and small sided games. Children are introduced to these skills in a fun way which will help develop motor competence and confidence. The unit also focuses on their physical development of the gross motor skills.

## Key Skills

### Physical Me

<b>Kicking</b>	<b>Agility</b>
<b>Running</b>	<b>Balance</b>
<b>Dribbling</b>	<b>Co-ordination</b>
<b>Passing</b>	<b>Jumping</b>
<b>Hopping</b>	<b>Skipping</b>

### Value Me:

- Determination  
Try, Try, Try again!

### Thinking Me

- To make decisions  
in a game

### Social Me

- Taking turns  
- Listening  
- Teamwork



## Key Vocabulary

Forward

Look

Balance

Close

Move

Around

Safe

## Key Knowledge

**Moving with the ball-** Small touches, keep the ball close to you.

**Passing/kicking the ball:** 'Toe, toe, toe- No, No, No!'

**Look** - When moving around an area, make sure you look up a and look out for your friends.

**Safe-** Make sure that when you move, you find a safe space to move in to.

## Physical Development

### Gross Motor Skills ELG

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, skipping and dancing.

