

Learning: Children will be taken on a fun pirate adventure and begin to develop the fundamentals of movement e.g. walking, running, jumping, hopping and skipping. They will develop their balancing skills on their own: along planks and moving with objects. Children will develop their co-ordination skills with throwing and catching objects. They will also develop their agility skills with fun games which will encourage change of direction at speed. Children will also climb on apparatus.

Key Skills

Physical Me

- Balance
- Agility
- Co-ordination (Hand-eye)
- Throwing
- Catching
- Running
- Climbing
- Crawling
- Stepping
- Walking
- Skipping

Thinking Me

- To remember my skills

Value Me:

- Courage

Social Me

- Taking it in turns
- Listening

Physical Development

Gross Motor Skills ELG

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination
- Move energetically, such as running, jumping, hopping and skipping.

Key Vocabulary

Hop

Jump

Skip

Run

Balance

Climb

Imagine

Safe

Pirates

Key Knowledge

- Climbing Apparatus** - Climb up to the safety marker/ribbon positioned on the apparatus
- Climb down carefully- NEVER jump off the wall bars!
 - Look out for your friends who may also be climbing

- Balancing on your own** - Look forward, try and focus on something in front of you
- Keep your arms out to the side

- Balancing on an object/apparatus** - Move slowly and carefully along the object
- Bend at your knees
 - Look forward
 - Arms out to the side

