

**Learning:** In this unit, children will experiment with different ways of moving to music. Children will learn through dance to negotiate space, move around in various directions and to look out for their friends. They will begin to create dances on their own and in pairs.

## Key Skills

### Physical Me

#### Moving in different ways:

Turning, stamping, sliding, crawling  
skipping, jumping, hopping, galloping

**Levels** - Experimenting with  
dancing at different levels

**Directions** - Experiment with  
dancing in different  
directions

**Balance, Agility and Co-ordination**

### Value Me:

- Passion  
(to enjoy  
the music and  
dancing)

### Social Me

- Taking turns  
- Listening  
- Watching  
a performance

### Thinking Me

- Respond to  
my feelings  
- Following dance  
moves

## Physical Development

### Gross Motor Skills ELG

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination
- Move energetically, such as running, jumping, dancing, hopping and skipping

## Key Vocabulary

Space

Perform

Moving

Listen

## Key Knowledge

**Space** - When dancing or moving around, it is important to look out for your friends and make sure you are safe.

**Listening** - It is important to listen to the music, this will help you to move in time to it.

**Perform** - This is when you show the dances that you have created to an audience - your friends and teachers.  
- It is important, if you are watching, to sit down quietly to show respect to anyone that may be performing



## Topic Vocabulary

Powers

Mission

Superhero

Strong