

Enjoy-a-Ball Knowledge Organiser - Early Years

Learning: In this unit, children will experiment with different ways to move a ball in a game using their hands and feet. Incorporated into this unit are adapted games, which encourage movement, negotiation of space, listening skills, aiming skills, teamwork and fun competition.

Key Skills

Physical Me

- Run
- Balance
- Jump
- Agility
- Throw
- Co-ordination
- Hop
- Skip
- Dodge

Value Me

- Determination
Try, Try, Try again!

Thinking Me

- To make decisions in a game

Social Me

- Taking turns
- Listening
- Teamwork

Physical Development

Gross Motor Skills ELG

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination
- Move energetically, such as running, jumping, hopping and skipping

Key Vocabulary

Hop

Skip

Jump

Run

Ball

Team

Target

Slow

Key Knowledge

Dribbling the ball with your feet:

1. Head – look up to see what's around you
2. Body – keep the ball close to your body so it's under control
3. Feet – use the inside of your feet to dribble

Running with a ball (in your hands)

1. Head – look up to see what's around you
2. Hold the ball with your hands either side
3. Hold the ball at chest height

