



Nursery

Home visits - Relationships, rules, routines - Settling in - Baseline

To become more outgoing with unfamiliar people, in the safe context of their setting.

To show more confidence in new social situations.

To show more confidence in new social situations.

To select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.

To play with one or more other children, extending and elaborating play ideas.

To talk about their feelings using words like 'happy, sad, angry, worried'.

My Happy Mind.

To not always need an adult to remind them of rules.

To develop their sense of responsibility and membership of community.

My Happy Mind.

To begin to understand how others might be feeling.

To talk with others to solve conflicts.

To help to find solutions to conflicts and rivalries. Eg. accepting that not everyone can be spider-man in the game or suggesting other ideas.

To develop appropriate ways of being assertive.

To increasingly follow rules, understanding why they are important.

My Happy Mind

To talk with others to solve conflicts.

To help to find solutions to conflicts and rivalries. Eg. accepting that not everyone can be spider-man in the game or suggesting other ideas.

To develop appropriate ways of being assertive.

To increasingly follow rules, understanding why they are important.

Transitions - My Happy Mind.

Foundation

To know the expectations of school life eg carpet time, teachers/children's names, listening skills, lining up

To identify 'my family' and discuss this with others

To identify strategies to use when turn taking

To listen to stories about respecting others.

To know our private parts are our own - Pantasaurus

To know the importance of brushing our teeth.

Express their feelings and consider the feelings of others. Think about the perspective of others.

To identify how to stay safe near roads

What does being good mean?

To know the importance of washing our hands and germs experiment

To listen to stories about feelings/ emotions and discuss these/ how these affect others

Anti-bullying theme

Show resilience and perseverance in the face of challenge.

I am able to set a goal for myself

I am able to reflect on my learning via seesaw

I know it is okay to make mistakes

To identify how to keep my body healthy eg healthy eating, sleep, online time

Children's mental health week

See themselves as a valuable individual.

I am able to use turn taking/ sharing strategies independently

To identify good and bad choices of behaviour

To identify my feelings

To identify strategies to use to support my feelings

Work and play cooperatively and take turns with others.

Form positive attachments to adults and friendships with peers.

Show sensitivity to their own and others needs.

To identify what makes a good friend and friendships with others

To identify what we can do to stay safe online

To know the importance of staying safe with people we don't know (Stranger danger)

To identify the water safety code RLSS

To identify how we can stay safe in the sun

Transitions to Year 1

Year 1

Core 3 – Unit 1 – Lessons 1-6	
Rules / Expectations 1	<ul style="list-style-type: none"> <li>To understand the reason why we have rules</li> <li>To learn about the rules in our class</li> <li>To understand the rules that follow for their group and classroom</li> </ul>
Rules / Expectations 2	<ul style="list-style-type: none"> <li>To understand the why we have rules / expectations</li> <li>To learn about the rules that follow for their group and classroom</li> <li>To understand the rules that follow for their group and classroom</li> </ul>
Taking Turns	<ul style="list-style-type: none"> <li>To understand why it is important to be able to take turns</li> <li>To understand the benefits of taking turns</li> <li>To understand the benefits of taking turns</li> </ul>
Learning/Remembering	<ul style="list-style-type: none"> <li>To understand the importance of remembering</li> <li>To understand the importance of remembering</li> </ul>
Sharing	<ul style="list-style-type: none"> <li>To understand the importance of sharing</li> <li>To understand the importance of sharing</li> </ul>
Caring	<ul style="list-style-type: none"> <li>To understand the importance of caring</li> <li>To understand the importance of caring</li> </ul>

Core 1 – Unit 1 – Lessons 1-6	
Healthy Eating 1	<ul style="list-style-type: none"> <li>To learn about what we eat and how we eat</li> <li>To learn about what we eat and how we eat</li> </ul>
Healthy Eating 2	<ul style="list-style-type: none"> <li>To understand the need for protein as part of a balanced diet</li> <li>To understand the need for protein as part of a balanced diet</li> </ul>
Healthy Eating 3	<ul style="list-style-type: none"> <li>To apply their knowledge of healthy eating to plan a menu for a themed party</li> <li>To apply their knowledge of healthy eating to plan a menu for a themed party</li> </ul>
Physical Activity 1	<ul style="list-style-type: none"> <li>To understand the need for physical activity to stay healthy</li> <li>To understand the need for physical activity to stay healthy</li> </ul>
Physical Activity 2	<ul style="list-style-type: none"> <li>To understand the benefits of regular exercise and understand the particular benefits of different physical activities for general health</li> <li>To understand the benefits of regular exercise and understand the particular benefits of different physical activities for general health</li> </ul>
Physical Activity 3	<ul style="list-style-type: none"> <li>To understand how to make a healthy meal</li> <li>To understand how to make a healthy meal</li> </ul>
Dietary	<ul style="list-style-type: none"> <li>To understand the importance of physical activity and diet as part of a balanced, healthy lifestyle</li> <li>To understand the importance of physical activity and diet as part of a balanced, healthy lifestyle</li> </ul>

Core 2 – Unit 1 – lessons 1-7	
Feelings	<ul style="list-style-type: none"> <li>To recognise and communicate feelings to others</li> <li>To recognise and communicate feelings to others</li> </ul>
Response	<ul style="list-style-type: none"> <li>To recognise and communicate feelings to others</li> <li>To listen to, reflect on and respect other people's views and feelings</li> </ul>
Opinions	<ul style="list-style-type: none"> <li>To understand that it is important to show their opinions and to be able to explain their views</li> <li>To learn to listen to other people and play and work co-operatively</li> </ul>
Cooperation 1	<ul style="list-style-type: none"> <li>To recognise the importance of listening to other people</li> <li>To recognise the importance of listening to other people</li> </ul>
Cooperation 2	<ul style="list-style-type: none"> <li>To understand the importance of being able to play and work co-operatively</li> <li>To work independently and in groups, taking on different roles and collaborating towards common goals</li> </ul>
Cooperation 3	<ul style="list-style-type: none"> <li>To take part in a simple debate about topical issues</li> <li>To identify the different types of most people do and learn about different places of work</li> <li>To identify the different types of most people do and learn about different places of work</li> </ul>
Good Manners	<ul style="list-style-type: none"> <li>To know the conventions of courtesy and manners</li> <li>To know the conventions of courtesy and manners</li> </ul>

Core 2 – Unit 2 – lessons 1-5	
Definition	<ul style="list-style-type: none"> <li>To learn about bullies and bullying behaviour</li> <li>To understand the difference between bullies and bullied children</li> </ul>
Unkindness	<ul style="list-style-type: none"> <li>To understand that name-calling is hurtful and unkind</li> <li>To recognise how their behaviour affects other people</li> </ul>
Behaviour 1	<ul style="list-style-type: none"> <li>To understand what is and what is not bullying behaviour</li> <li>To understand the difference between bullies and bullied children</li> <li>To recognise the difference between good and bad choices</li> </ul>
Behaviour 2	<ul style="list-style-type: none"> <li>To recognise how their behaviour affects other people</li> <li>To learn to listen to other people and play and work co-operatively</li> </ul>
Behaviour 3	<ul style="list-style-type: none"> <li>To understand who can help if someone is bullied</li> <li>To understand who can help if someone is bullied</li> </ul>
Copyright and Ownership	<ul style="list-style-type: none"> <li>To explain why work I create using technology belongs to me (e.g. 'It's my story' or 'I designed it')</li> <li>To explain why work I create using technology belongs to me (e.g. 'It's my story' or 'I designed it')</li> </ul>
Self Image and自尊	<ul style="list-style-type: none"> <li>To recognise that there are many people online who could make me feel bad, embarrassed or upset</li> <li>To understand that there are many people online who could make me feel bad, embarrassed or upset</li> </ul>
Managing Online Information	<ul style="list-style-type: none"> <li>To use the internet to find things out</li> <li>To use simple keywords to search engines</li> <li>To describe and demonstrate how to get help from a trusted adult or helpline if I find content that makes me feel sad, uncomfortable, worried or frightened</li> </ul>
Privacy and Security	<ul style="list-style-type: none"> <li>To recognise more detailed examples of information that is personal to me (e.g. where I live, my family's name, when I go to school)</li> <li>To explain why I should always ask a trusted adult before I share any information about myself online</li> <li>To explain why I should always ask a trusted adult before I share any information about myself online</li> </ul>

Core 1 – Units 2 – lessons 1-6	
Personal Hygiene 1	<ul style="list-style-type: none"> <li>To learn about the importance of effective hand washing and good dental hygiene</li> <li>To learn about the importance of effective hand washing and good dental hygiene</li> </ul>
Personal Hygiene 2	<ul style="list-style-type: none"> <li>To learn how to take care of teeth, in addition to brushing</li> <li>To manage basic personal hygiene</li> </ul>
Personal Hygiene 3	<ul style="list-style-type: none"> <li>To know what foods are good for us</li> <li>To understand the importance of a healthy diet, including dental hygiene</li> <li>To understand how germs spread infections and diseases</li> </ul>
Washing Hands	<ul style="list-style-type: none"> <li>To learn to recognise germs and the spread of disease by washing hands</li> <li>To understand how germs spread infections and diseases</li> </ul>
Personal Hygiene	<ul style="list-style-type: none"> <li>To learn about the importance of and reasons for brushing and showering</li> <li>To manage basic personal hygiene</li> </ul>
Hygiene	<ul style="list-style-type: none"> <li>To learn about the importance of and reasons for brushing and showering</li> <li>To understand the importance of maintaining personal hygiene</li> </ul>

Core 1 – Unit 3 – lessons 1-6	
Sanitising and Disinfecting	<ul style="list-style-type: none"> <li>To identify and respect similarities and differences between boys and girls</li> <li>To learn about the process of growing from baby to old</li> </ul>
The Human Body	<ul style="list-style-type: none"> <li>To learn the names for different parts of the body</li> <li>To recognise similarities and differences based on gender</li> <li>To recognise and respect similarities and differences between people</li> </ul>
Growing Up	<ul style="list-style-type: none"> <li>To learn about the physical changes in their bodies as they grow</li> <li>To understand adolescent changes in their bodies</li> </ul>
Changing Needs	<ul style="list-style-type: none"> <li>To learn about how our needs change and grow as we develop</li> <li>To understand how our needs change and grow as we develop</li> </ul>
Responsibility	<ul style="list-style-type: none"> <li>To learn to take responsibility for their own actions</li> <li>To learn to take responsibility for their own actions</li> </ul>
Emotions	<ul style="list-style-type: none"> <li>To learn about a range of different feelings and emotions</li> <li>To recognise, name and manage their feelings in a positive way</li> </ul>

Year 2

Core 3 – Unit 2 – Lesson 1-5	
Our School	<ul style="list-style-type: none"> <li>To understand their role in the class community</li> <li>To know how to contribute to the life of the classroom</li> </ul>
Belonging 1	<ul style="list-style-type: none"> <li>To understand that they belong to groups and communities</li> <li>To understand that they belong to groups and communities</li> </ul>
Belonging 2	<ul style="list-style-type: none"> <li>To develop a sense of belonging in the wider community</li> <li>To develop a sense of belonging in the wider community</li> </ul>
Local Citizenship 1	<ul style="list-style-type: none"> <li>To understand the role of the local community</li> <li>To understand the role of the local community</li> </ul>
Local Citizenship 2	<ul style="list-style-type: none"> <li>To develop a strong relationship with the local community</li> <li>To understand the importance of shared responsibility within communities</li> </ul>

Core 3 – Unit 3 – Lesson 1-5	
Money 1	<ul style="list-style-type: none"> <li>To understand where money comes from</li> <li>To understand where money comes from</li> </ul>
Money 2	<ul style="list-style-type: none"> <li>To understand the role of money in our society</li> <li>To identify the different types of most people do and learn about different places of work</li> <li>To identify the different types of most people do and learn about different places of work</li> </ul>
Money 3	<ul style="list-style-type: none"> <li>To understand why it is important to keep money safe</li> <li>To understand why it is important to keep money safe</li> </ul>
Money 4	<ul style="list-style-type: none"> <li>To understand the importance of managing money carefully</li> <li>To understand that we cannot always afford the things we want to buy</li> </ul>
Chores	<ul style="list-style-type: none"> <li>To understand the importance of chores and spending money wisely</li> <li>To understand the importance of chores and spending money wisely</li> </ul>

Core 2 – Unit 3 – lessons 1-6	
Fair and Unfair	<ul style="list-style-type: none"> <li>To recognise what is fair and unfair</li> <li>To learn to take part in discussions with the whole class</li> </ul>
Comparisons	<ul style="list-style-type: none"> <li>To learn about others</li> <li>To reflect on the similarities and differences between people</li> <li>To recognise and respect similarities and differences between people</li> </ul>
Behaviour	<ul style="list-style-type: none"> <li>To understand that family and friends should care for each other</li> <li>To recognise how their behaviour affects other people</li> <li>To understand the difference between right and wrong</li> <li>To recognise right and wrong, what is fair and unfair and explain why</li> </ul>
Right and Wrong	<ul style="list-style-type: none"> <li>To learn strategies to cope with unfairness</li> <li>To understand that there are different types of teasing and bullying</li> <li>To understand that there are different types of teasing and bullying</li> </ul>
Teasing	<ul style="list-style-type: none"> <li>To recognise how their behaviour and that of others may influence people both positively and negatively</li> <li>To learn to listen to other people and play and work co-operatively</li> </ul>
Respect	<ul style="list-style-type: none"> <li>To recognise what is kind and unkind behaviour</li> <li>To understand that family and friends should care for each other</li> <li>To recognise how their behaviour and that of others may influence people both positively and negatively</li> </ul>

Core 2 – Unit 4 – Lesson 1-6	
Friendship 1	<ul style="list-style-type: none"> <li>To learn how to develop positive relationships with peers</li> <li>To identify different relationships that they have and why these are important</li> </ul>
Friendship 2	<ul style="list-style-type: none"> <li>To understand the importance of making friends</li> <li>To identify and respect the differences and similarities between people</li> <li>To identify positive relationships through work and play</li> </ul>
Friendship 3	<ul style="list-style-type: none"> <li>To learn about some similarities and differences between people from different countries and the importance of race, cultural differences</li> <li>To learn about some similarities and differences between people from different countries and the importance of race, cultural differences</li> </ul>
Friendship 4	<ul style="list-style-type: none"> <li>To learn about the importance of sharing a part of friendship and kindness</li> <li>To recognise the difference between right and wrong and what is fair and unfair</li> </ul>
Family 1	<ul style="list-style-type: none"> <li>To learn about the importance of family</li> <li>To learn to take responsibility for their own actions</li> <li>To recognise that there are people who care for and look after them</li> </ul>
Family 2	<ul style="list-style-type: none"> <li>To identify the special people and what makes them special</li> <li>To identify different relationships that they have and why these are important</li> </ul>

Core 1 – Unit 4 – lesson 1-6	
Happiness	<ul style="list-style-type: none"> <li>To learn about making positive choices and how they can lead to happiness</li> <li>To recognise, name and manage their feelings in a positive way</li> </ul>
Anger	<ul style="list-style-type: none"> <li>To understand how their behaviour affects other people</li> <li>To recognise how their behaviour and that of others may influence people both positively and negatively</li> </ul>
Love	<ul style="list-style-type: none"> <li>To learn about the importance of love</li> <li>To recognise, name and deal with their feelings in a positive way</li> </ul>
Respect	<ul style="list-style-type: none"> <li>To understand that all actions have consequences</li> <li>To understand that all actions have consequences</li> </ul>
Consequences	<ul style="list-style-type: none"> <li>To think about themselves, learn their experiences and recognise what they can do to improve themselves</li> <li>To recognise how their behaviour affects other people</li> <li>To recognise how their behaviour and that of others may influence people both positively and negatively</li> </ul>
Appearance	<ul style="list-style-type: none"> <li>To think about themselves, learn their experiences and recognise what they can do to improve themselves</li> <li>To recognise how their behaviour affects other people</li> <li>To recognise how their behaviour and that of others may influence people both positively and negatively</li> </ul>

Core 1 – Unit 5 – Lessons 1-7	
Sun Safety	<ul style="list-style-type: none"> <li>To understand the importance of sun safety</li> <li>To know how to keep safe in the sun</li> <li>To recognise and manage risk in everyday activities</li> </ul>
Food Safety	<ul style="list-style-type: none"> <li>To learn about food safety and ways of keeping safe, including basic food safety and about people who can help them stay safe</li> <li>To develop an awareness of the Green Cross Code</li> <li>To demonstrate their road safety skills</li> </ul>
Drug Safety	<ul style="list-style-type: none"> <li>To learn about the importance of medicine safety</li> <li>To recognise that some substances can help or harm the body</li> </ul>
Personal Safety	<ul style="list-style-type: none"> <li>To learn about the difference between secrets and surprises</li> <li>To understand when not to keep secrets or surprises</li> <li>To seek help from an appropriate adult when necessary</li> </ul>
Emotional Safety	<ul style="list-style-type: none"> <li>To learn about how to go to for help and advice</li> <li>To learn how to keep safe and how and where to get help</li> <li>To learn about the importance of using the internet</li> <li>To recognise and respond to issues of safety relating to themselves and others and how to get help</li> </ul>
Internet Safety	<ul style="list-style-type: none"> <li>To know how to keep safe and how and where to get help</li> <li>To use strategies to stay safe when using IT and the internet</li> <li>To know the importance of self-respect and how this links to their own happiness</li> </ul>
Striking Rules	<ul style="list-style-type: none"> <li>To know how to respond safely and appropriately to adults they may encounter in all contexts, including at school where they do not know</li> <li>To know how to respond safely and appropriately to adults they may encounter in all contexts, including at school where they do not know</li> </ul>

SafeZone Year 2 – lesson 1-7	
Self Image and自尊	<ul style="list-style-type: none"> <li>To explain how their personality can be different to their body</li> <li>To learn about ways in which people might make themselves look different online</li> <li>To learn about ways in which people might make themselves look different online</li> <li>To give examples of ways online that might make me feel bad, worried, uncomfortable or frightened</li> <li>To give examples of how I might get help</li> </ul>
Online Relationships	<ul style="list-style-type: none"> <li>To use the internet to communicate with people I don't know well (e.g. email a pen pal in another school / country)</li> <li>To give examples of how I might use technology to communicate with others I don't know well</li> </ul>
Online Reputation	<ul style="list-style-type: none"> <li>To explain how information put online about me can last for a long time</li> <li>To know who to talk to if I think someone has made a mistake about putting something online</li> </ul>
Online Bullying	<ul style="list-style-type: none"> <li>To give examples of bullying behaviour and how I could seek advice</li> <li>To understand how bullying can make someone feel</li> <li>To talk about how someone can seek help about being bullied online or offline</li> </ul>
Managing Online Information	<ul style="list-style-type: none"> <li>To use keywords to search engines</li> <li>To learn about how to manage or simple webpage to get information (used to go home, forward, back, follow, like, share and bookmark)</li> <li>To explain what search engines do and how they work (e.g. Google, Bing)</li> </ul>
Copyright and Ownership	<ul style="list-style-type: none"> <li>To describe who other people's work belongs to them</li> <li>To recognise that content on the internet may belong to other people</li> </ul>
Privacy and Security	<ul style="list-style-type: none"> <li>To explain what passwords are and use passwords for my accounts and devices</li> <li>To explain how many devices my home could be connected to the internet and can be some of these devices</li> </ul>