

**Prior Learning:** In Year 3, children learned how to find space with and without the ball. They learned how to control and dribble the ball correctly with their preferred hand. They learned how to pass and receive using SEP. They learned how to move the ball around their body with control using fingertips and thumbs. They also played adapted basketball games and mini basketball 3v3.

## Key Skills

### Physical Me

**Throw**

**Agility**

**Catch**

**Balance**

**Dodge**

**Co-ordination**

**Jump**

**Run**

**Dribble**

**Speed**



### Thinking Me

- To make decisions in the game

### Value Me:

- Teamwork  
- Perseverance

### Social Me

- Embrace the rules  
- Communicate



## Our Basketball Rules:

### Double Dribble:

When a player dribbles the ball with two hands at the same time, or starts to dribble again after stopping

### Out of Bounds:

If a team lose possession of the ball and it goes out of bounds, then a free pass is awarded to the opposition

### Tip Off:

To re-start or put the ball in play by throwing it up between two opponents

### Travelling:

When a player takes too many steps with the ball in their hands without dribbling the ball.

## Key Vocabulary

Familiarisation

Tip off

Double Dribble

Non-preferred

Non-contact

Challenge

Competition

Intercept

Embrace

## Key Knowledge

**Passing-** Chest pass and Bounce pass

**Intercept** - Stopping an opposing player passing to a teammate

**SEB** - A way to remember a bounce pass  
Step (forward), Extend (arms), Bounce (pass)

**Familiarisation-** To develop ball control

