

Prior Learning: In Year 4, children continued to develop their skills including how to control a ball with different surfaces (inside, outside and sole of the foot). They recapped how to safely tackle and how to strike a ball effectively when shooting. They recapped a variety of turns that could be used when dribbling at an opponent (inside, outside hook and drag back). Children played small-sided games and focused on displaying the correct attitude and fair play.

Physical Me

Kicking **Agility**

Running **Balance**

Speed **Co-ordination**

Strength **Throw (in)**

Reaction

Key Skills

Thinking Me

- Select and apply my skills
- Evaluate performance

Social Me

- Helping others
- Accepting and embracing rules

Value Me

- Fairness
- Resilience



Key Knowledge

Attacking key point:

1. Spread out when your goalkeeper has the ball
2. When a player in your team has the ball, move into space and be an option for them to pass to
3. Pass to feet when possible – if not, into a space for a teammate
4. Show your dribbling skills when you think it's a good time to dribble

Defending key points

1. Nearest player to the ball go to try and tackle
2. Work as a team to win the ball back
3. Fair tackles only (no sliding tackles)

Lofted Pass- Strike the ball to lift it over a players head. Is used for a longer distance pass.

Football Rules:

No of players in a team:

Maximum 7 on pitch at a time

Size of ball:

Size 3 football

Start of Game:

Teams will be told which way they are shooting at start of game

- Start in the centre of the pitch with a kick off

A goal cannot be scored directly from a start or restart of play.

Out of play:

If the ball goes off the pitch (Touchline) it is a throw in.

If the ball goes off at the goal line:

By attacking team - it is a goal kick
By defending team - it is a corner

Tackling:

No slide tackles



Key Vocabulary

Possession

Communicate

Block

Lofted pass

Body Position

Technique

Interceptors

Evaluate

Performance